

# Lesson 1.1: Being brave

Based on *Friends and Heroes DVD Episode 1: Long Journey*

Bible story: *Daniel in the Lions' Den (Daniel 6:1-24a)*



## Learning objectives

- Explore the emotions associated with fear and courage
- Listen to and be able to retell the story of Daniel

## RE links

*England:*

1a) explore a range of religious stories and sacred writings and talk about their meanings

2b) ask and respond imaginatively to puzzling questions, communicating their ideas

*Isle of Man:*

2c) *Jesus the Storyteller:* respond to the values and concerns of others. Understand the content and meaning of a story

*Northern Ireland:*

*Morality: Respect for self*

*Scotland:*

RME 1-09c: *I am becoming aware that people's beliefs and values affect their actions*

*Scotland Roman Catholic:*

RERC 0-11a: *I can share some Bible stories and I can explore how God speaks to us through these stories, I have reflected on how these stories can help me to live a Christian life*

*Wales:*

*express personal responses to personal, religious and moral questions*

## Cross curricular subject links

*SEAL: Good to be me: Understanding my feelings*

*SEAL: Getting on and falling out: Seeing things from another point of view*

*Literacy: Y1: Speaking: Retell stories, ordering events using story language*

*Literacy: Y2: Speaking: Tell real and imagined stories using the conventions of familiar story language*



## Resources you will need

- A5 colour picture cards of the following characters – Macky, Samuel, Diana, Leah, Rebecca and Portia. (1 set for the teacher) (Printable Resource) You may wish to laminate these sheets. Please note that Portia will not be introduced until Lesson 2.1.

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- Worksheet 1.1a (one per pupil)
- Worksheet 1.1b (one per pupil)
- Music CD and associated resources (optional, see Story focus)
- Items for the Display – see below

*Please note that worksheets can be printed in colour or black and white.*



**Display** - Create a display in your classroom of the story characters, along with objects, books, puppets, pictures and the key questions connected with the Bible story focussed on in this lesson.

- A collection of 'Daniel in the Lions' Den' storybooks
- Lion puppets and pictures
- Pieces of art interpreting the story
- Pictures of people being brave
- Faces that are afraid

## Lesson outline

*Introduce characters.*

*Discussion using key questions.*

*Watch first part of Episode 1.*

*Recap story of Daniel.*

*Story focus using Worksheet 1.1a.*

*Conclusion using Worksheet 1.1b.*

**1st**

## First step

Before watching the programme, use the character picture cards and introduce the pupils to the main characters they will meet in the episode.

## Character biographies:

**Macky** – he's bright, funny and courageous. He lives with his dad and mum, Samuel and Diana, in Alexandria, a city in Egypt. He gets involved in adventures helping the Friends of Jesus who the Romans are trying to harm.



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Samuel

**Samuel** – is Macky’s father, and he is a silversmith. He’s a warm, friendly and wise man. He is Jewish but has joined the Friends of Jesus.



Leah

**Leah** – is 5 years old and the sister of Rebecca. She’s funny and bright but gets into trouble sometimes! Her father is Daniel and he’s trying to help the Friends of Jesus.



Diana

**Diana** – is a dressmaker and always looks smart. Diana loves her family and helps the Friends of Jesus too.



Rebecca

**Rebecca** – is 8 years old and Leah’s older sister and Daniel is her father too. Leah and Rebecca leave their father behind in a place called Galilee and travel to Alexandria to live with Macky’s family where they will be safe.



**Key questions** - Use these questions to encourage pupils to connect their own experiences with the events and characters in the programme. Include the key questions on your display.

Ask the pupils to think about a time when they felt afraid. Use the following questions to draw out that when we are afraid we have to be brave.

Can you describe how it felt to be afraid?

Have you ever helped someone who was afraid? What did you do or say?

Have you ever felt afraid? When? Why?

Who or what helped you to stop feeling afraid?



## Story focus and Activity

Bible reference: Daniel 6:1-24a  
*Daniel in the Lions’ Den*

Watch Episode 1 until 13.05 mins. Stop when Diana asks the girls to join the family meal.

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Ask the children to identify who was afraid and then overcame their fear.  
Who was brave?

Focus on the Bible story, Daniel in the Lions' Den. Briefly recap the story and then using Worksheet 1.1a, ask the pupils to draw and/or write about what they thought was the most important part of the story of Daniel.

Now ask the pupils what we can learn from Daniel about being brave. Using the second part of Worksheet 1.1a, ask them to draw and/or write about a time when they have been brave.

If you have time, give the pupils an opportunity to share their drawings, thoughts and ideas in pairs/groups/as a class.

*We have a song about Daniel in the Lions' Den called 'Daniel'. You can add music and song activities to your lesson using our music CD, What about Love? : Bible songs based on Friends and Heroes Series 1. Click here to learn more:*  
[www.friendsandheroes.com/songtime](http://www.friendsandheroes.com/songtime)

## To conclude...

Use the Friends and Heroes character cards to remind the pupils of their names and then ask the pupils what questions they would like to ask the characters about the events in the story.

These questions could be recorded on a whiteboard or older pupils can record their questions on Worksheet 1.1b. Once the children have recorded their questions, you may wish to follow this with a class discussion where you try to answer some of the questions.

Name:

Date:

## Worksheet 1.1a

### *Brave Daniel*



I think the most important part of the story is...



Because...

This is me being brave...



Name:

Date:

## Worksheet 1.1b

*What questions would you like to ask the characters in the story?*



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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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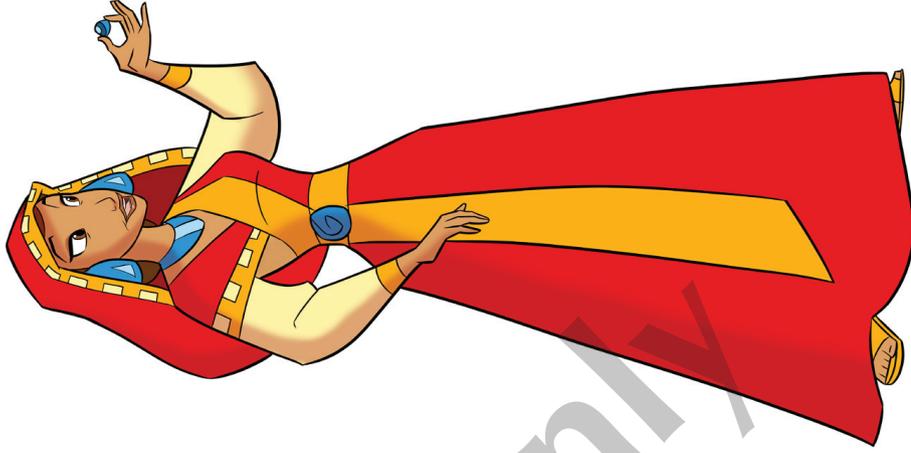
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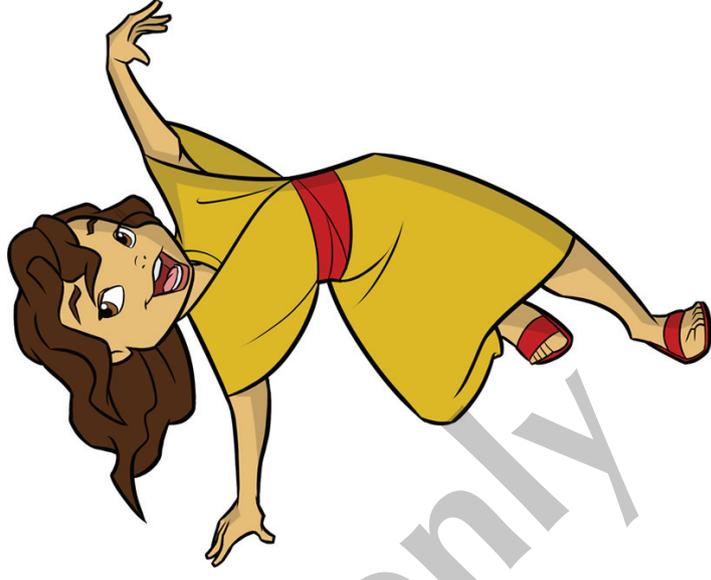
© 2011 Friends & Heroes Productions Ltd.

**Samuel**



© 2011 Friends & Heroes Productions Ltd.

**Diana**

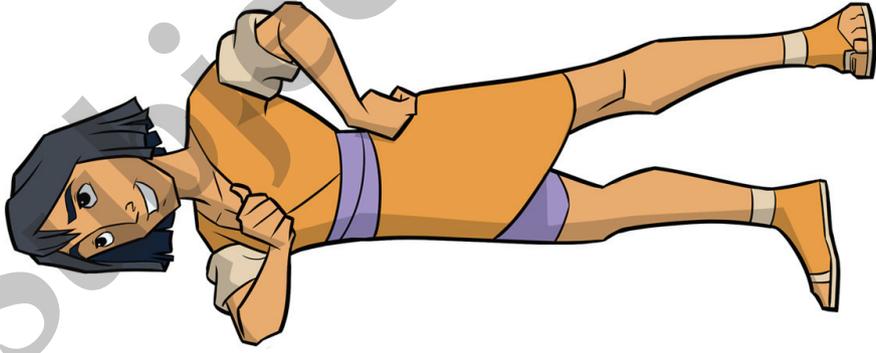


**Leah**



**Rebecca**

Sample only  
Subject to change



**Macky**

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**Portia**

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