



Sample Printable Resources



www.friendsandheroes.com

www.friendsandheroes.tv



Vacation Bible School Consent and Medical form

(Details on this form will be held confidentially by the leaders of the VBS.)

Child's name: _____

Gender: Male Female

Child's address: _____

_____ Zip: _____

Child's date of birth: _____

Child's doctor: _____ Doctor's phone number: _____

Parent/Legal Guardian's name: _____

Address: _____

_____ Zip: _____

Phone Home: _____ Work: _____

Mobile: _____

Details of any known medical conditions which you think we should know about (e.g. asthma, diabetes, epilepsy, allergies, dietary needs, disability, etc):

Date of last tetanus shot if known: _____



In an emergency, please contact: _____

Relationship to child: _____ Phone: _____

Or contact: _____

Relationship to child: _____ Phone: _____

My child will make their own way home each day: Yes No

If No, please state who will collect your child each day: _____

I give permission for my child to take part in the normal activities, including activities outside the building, of this VBS: Yes No

Signature: _____ Date: _____

In the event of an emergency or non-emergency situation requiring medical treatment I am willing for my child to receive necessary medical attention until such time as I can be contacted: Yes No

Is your child currently on medication? Yes No

If yes, please let us know what the medication is: _____

(If this medication needs to be taken during VBS times, please be available to come to the club and administer the medication to your child)

Signature: _____ Date: _____

I give permission for photographic images of my child to be taken which may be used for promotion or celebration by the church or Friends and Heroes. Yes No

Signature: _____ Date: _____

Church's contact details:



Pontius



For lots more fun, visit www.friendsandheroes.tv



Sample Day Specific Printable Resources

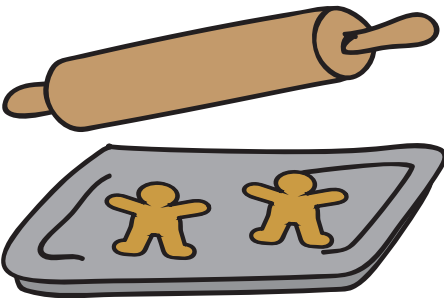


Gingerbread men recipe

(Makes 12 to 15 cookies)

Ingredients:

- 2 1/4 cups plain flour
- 3/4 cup soft brown sugar
- 4 oz butter
- 1 medium egg
- 3 tablespoons of syrup
- 1 teaspoon of baking soda
- 2 teaspoons of ground ginger



1. Pre heat oven to 350° F
2. Mix the flour, butter, ground ginger and baking soda together.
3. Add the sugar, syrup and egg, and combine to get a firm pastry mix.
4. Dust a rolling pin with flour and roll out the pastry mix to 1/4 of an inch thick.
5. Cut out shapes with a gingerbread man cutter or a knife.
6. Place on a non stick baking tray and bake for 15 minutes.
7. Decorate with colored ready-to-use icing tubes.

Enjoy!



Right on!

Doing the right thing every time

Prayer for Day 6 (Family fun day)

Thank you Jesus that we can learn about you and how you want us to behave through the stories we find in the Bible.

Thank you for Moses and Saul who teach us that we can do the right thing even when we are faced with hard choices.

Thank you for Ruth and Naomi who teach us that our love for each other is far more important than our differences.

Thank you for Jesus who told stories that help us learn how to be true friends and help other people, even people we don't like very much.

Thank you for Peter who got into trouble many times for talking about Jesus, but he never gave up.

Help us never to give up loving Jesus and telling others about him.

Thank you for Shadrach who would not bow down and worship the gold statue. God stood by him because Shadrach did the right thing. Help us do the right thing.

Thank you for Esther who risked her life to save her people. Help us to think about others too and not be selfish.

Thank you.

Amen