

# 1.2 Take courage

Based on Episode 1: Long Journey

## Learning objectives:

- To know that tasks sometimes take courage
- To know that Christians ask God to help them when they need courage

### RE Links:

|                          |  |
|--------------------------|--|
| <b>England:</b>          | 1a) <i>describe the key aspects of religions, especially the people, stories and traditions that influence the beliefs and values of others</i>  |
| <b>Isle of Man:</b>      | 5B) <i>Different forms of prayer – How can God help us?</i>  |
| <b>Northern Ireland:</b> | <i>Life of Jesus: The ministry of Jesus</i>  |
| <b>Scotland:</b>         | <i>RME 2-01b: Through exploring the lives and teachings of Jesus and other figures in Christianity, I am increasing my knowledge and understanding of key Christian beliefs</i><br><i>Scotland Roman Catholic: RERC 1-06b/ RERC 2-06b: I have examined the role of Jesus as teacher and a healer and I have reflected on how his words and actions influence my own life and the lives of others</i> |
| <b>Wales:</b>            | <i>different forms of authority expressed through religious leaders</i>  |

### Stimulus material:

**Friends and Heroes DVD Episode 1: Long Journey**

*This lesson is based on the second half of the episode from 13:05 mins when Diana 'invites' the girls to join them for dinner to the end.*

### Bible reference for the main story:

*The miraculous catch of fish*  
*Luke 5:5-11*

### Other resources required:

*Copies of Worksheet 1.2a (enough for one per pupil)*  
*Copies of Worksheet 1.2b (enough for one per pupil)*  
*Bibles*

### Introduction:

*Start the session by sharing a personal experience with the class of a time when you have had to pluck up the courage to do something (ideally something that you felt you ought to do, with a positive result!). Try to explain what it was you had to do, why you felt you needed to do it, why it took courage, what it felt like to do that thing and the end result – ideally a positive one!*

Ask pupils to record in words or pictures on Worksheet 1.2a, an occasion when they have had to have the courage to do something e.g., reading something in assembly, moving up a class, asking for help, etc.

When pupils have had ten minutes or so, invite a couple of them to read or share their experiences with the class.

- What did they have to do?
- Why did they have to do it?
- Why did they need courage?
- What was the result?

### Activities:

Tell pupils that in today's episode, Macky has to pluck up his courage to do something important. Explain that the Bible story tells us about how Jesus invited his first followers to join him – they had to have courage.

Show Friends and Heroes DVD Episode 1: Long Journey from 13.05 mins until the end.

Ask pupils the following questions:

- Why did Macky and Samuel have to have courage?
- What was the result of them plucking up their courage?
- Why did the first followers of Jesus need courage to follow him?

Ask pupils if any of them would be able to leave their homes and families in the same way that Jesus' first followers did – remind them that it would have taken a lot of courage to follow Jesus – he wasn't famous and they would have had to leave their homes, their jobs and their families to follow him – it would have taken a lot of courage.

Ask if anyone know the names of any of Jesus' first followers? (the programme introduces Peter, James and John.) Explain that they became known as a group by the name 'Jesus' disciples'.

Share Worksheet 1.2b with pupils, explaining how to use the Bibles to find the names of all Jesus' 12 disciples. (e.g., a reference of Mark 1:3-4 – means find the book of Mark in the index, look for Chapter 1, then find verses 3-4 – this will encourage the pupils to use the index to find the correct book). This is NOT a reference to the disciples – just an example to show how references work! Give pupils ten minutes or so to look up the Bible reference from the worksheet and find the names of the real 12 disciples – ticking the ones they find in the grid. Ask them to create a register of the disciples at the bottom of the worksheet.

Feedback and agree a correct list!

(Simon (whom he named Peter), his brother Andrew, James, John, Philip, Bartholomew (sometimes called Nathanael), Matthew, Thomas, James son of Alphaeus, Simon who was called the Zealot, Judas, son of James (sometimes called Thaddaeus), and Judas Iscariot, who became a traitor.)

What do the pupils notice about the list? (No women!)

Emphasise that this was not because the women in Jesus' time lacked courage, rather that it would have been culturally inappropriate for them to have 'followed' Jesus.

### **Reflection / Personal search / Response:**

*Remind pupils that Macky had to tell Samuel the story of the first followers of Jesus to remind him that he could ask God to help him to have the courage to rescue Rebecca and Leah. The story of those first followers inspired them both to do something that they knew they ought to do.*

*If appropriate you might like to say a prayer with the pupils, asking God to help them when they need to have courage. Alternatively, provide an opportunity to reflect upon times when they might need to have courage and talk about how we can help each other to have the courage we need to do things.*

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### **Assessment / reporting:**

*Can pupils explain how the Bible story helped Samuel and Macky?*

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### **Links to other subject areas:**

*PSHE/SEAL links: SEAL Going for Goals - self belief and courage*

*Literacy links: Use of non-fiction books – index, chapters, etc in the Bible*

*Creative/other links: Courageous people in history; taking personal risks e.g., in participating in an assembly*

Name:

Date:

## Worksheet 1.2a

In this week's episode Macky has to be courageous – draw or write below about a time when you have had to have courage to do something.



Name:

Date:

## Worksheet 1.2b

A register of disciples

Who really was a disciple?

Look at the names of the people below. Use the Bible reference: **Luke 6:12-16**

|                               |  |                        |  |
|-------------------------------|--|------------------------|--|
| Simon (who was renamed Peter) | Matthew  | Simon                  | Timothy                                  |
| Oliver                        | Judas, son of James (sometimes called Thaddaeus) | David                  | Bartholomew (sometimes called Nathanael) |
| James                         | Shaun  | James, son of Alphaeus | Mary                                     |
| Helen                         | John   | Miriam                 | Judas Iscariot                           |
| Philip                        | Michael  | Thomas                 | Andrew                                   |

### Disciple register

|    |  |
|----|--|
| 1  |  |
| 2  |  |
| 3  |  |
| 4  |  |
| 5  |  |
| 6  |  |
| 7  |  |
| 8  |  |
| 9  |  |
| 10 |  |
| 11 |  |
| 12 |  |

